LA OCA FRESH EALTHY & DAILY DELIVERY



ORDER A LOAF OF OUR HOMEMADE SOURDOUGH BREAD

RYE BREAD 68

BRIOCHE BREAD 4,50€

EDAMAME



With shichimi & lemon

SPANISH TAPAS (2 pax)



Serrano ham, fuet, grapes, cheese, olives grated tomato, homemade bread



CEVICHE (2 pax)

White fish, avocado, red & green peppers, red onion, cocunut milk, lemons juice, plantain chips

CARPACCIO



Sliced zucchini, spinach, parmesan cheese

HUMMUS



Red pepper hummus with veggie sticks

QUICHE OF THE DAY



Ham & cheese, bacon & onion, seasonal veggies

SANDWICHES & WRAPS

Choose the protein you want in your sandwich or wraps - Chicken | Beef | Heura (+ 2€)



Homemade sandwich with tomato, feta chesse, raddish lettuce mix, protein of your choice



Homemade sandwich with spinach, roasted eggplant, piquillo pepper, kimchi, cured cheese, yoghurt sauce, protein of your choice



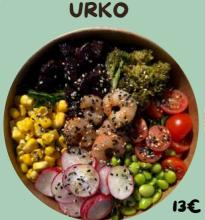
Wrap with veggie mix, spinach, la oca baked sweet potato, goat cheese, honey sauce, kimchi, protein of your choise



Wrap with black beans, feta cheese, avocado trampó, rice, spinach, pickled onion, chipotle sauce, protein of your choice



Choose a base for your bowl - Couscous | Rice | Quinoa Choose a protein for your bowl - Chicken | Pulled beef | Heura, Salmon, Prawns (+2€)



Lettuce mix, corn, broccoli, cherry tomato, beetroot, radish, edamame



Lettuce mix, chickpea, avocado, sweet potato, boiled egg, cucumber, chipotle mayo Spinach, cherry tomato, black olives, feta cheese, carrot, avocado, walnut & cashew topping, teriyaki sauce

PECA



EL MEDITERRANEO



Pasta salad with cherry tomatoes, corn, red onion, feta cheese, avocado, black olives

LA KOREANA



Korean curry with potatoes, carrots, ginger, rice, kimchi, protein of your choice: chicken/ prawns/heura

LA THAILANDESA

13€



Veggie mix wok with sesame, noodles of your choice: tagliatelle noodles or zucchini noodles







5,50€

VALE'S VEGAN CARAMEL BITE



Cashews, oat, shredded coconuts, date cream, chocolate



GINGER SHOT



RED BERRY



Strawberry, coconut milk, banana, blackberry, blueberry

ORANGE POWER



Orange, ginger, carrot

PIÑA COLADA



Pineapple, banana, coconut milk, agave



Celery, cucumber, pineapple, spinach, lemon

RAW COCOA



Banana, cocoa, almond milk, agave



ASK FOR OUR WINE & CAVA SERVICES